

BIOGRAPHICAL INFORMATION FOR INSTRUCTORS: Spring 2023

SARAH BAKER, LCDP, is a Certified Advanced Alcohol and Drug Counselor and a Licensed Chemical Dependency Professional who is passionate about her work with those affected by addiction. After earning a B.S. in Psychology and Outdoor Studies and an M.S. in Counseling Psychology from Alaska Pacific University, she has held various roles in addiction treatment including clinician, Community Liaison, and Clinical Representative for Integrity, and was appointed to the Compliance Leadership Committee at Providence Health and Services. In addition, she recently served as Project Manager and Liaison to the Department of Health for the Covid-19 Response Training Team, developing resources for parents, educators, and children affected by the pandemic. Sarah believes in a patient centered approach where each individual is encouraged to develop the skills necessary for self-empowerment. Her work has earned her accolades, including awards for both exceptional service and client satisfaction.

ANTHONY CRETELLA, R.N., is a Registered Nurse who has worked as a Medical / Surgical Nurse since 2010 in the state's largest hospital systems. Previous to coming to Department of Mental Health and Addiction Services he worked in Connecticut's Department of Corrections as a Nurse and Facility Staff Educator. While with CT Department of Mental Health and Addiction Services he has functioned as a Nurse Consultant and Clinical Educator.

TAYLOR D'ADDARIO, M.A., is a therapist and grant manager at a community mental health center in RI as well as a consultant who provides state departments and mental health agencies technical assistance around developing behavioral health programs and trainings. Taylor received her master's degree at Salve Regina University in holistic mental health counseling. Taylor is a licensed substance use counselor and is perusing her independent license in mental health counseling.

LAUREN DONINGER, Ph.D., is a Licensed Alcohol and Drug Counselor and a Licensed Professional Counselor. She has worked in a variety of clinical settings including residential, detox, outpatient, intensive outpatient, and with many different client populations. Currently, Dr. Doninger is a Professor of Psychology and Drug and Alcohol Recovery Counseling at Gateway Community College in New Haven.

HANER HERNANDEZ, is Puerto Rican, bilingual, and has worked for over 34 years in the health and human service field developing, implementing, and evaluating culturally and linguistically intelligent youth and adult health prevention, intervention, treatment, and recovery support programs. He is a master trainer and facilitator and provides individualized technical assistance and support to organizations that provide Substance Use Disorder and gambling prevention, intervention, treatment and recovery supports. Also, Dr. Hernández has over 30 years of experience in delivering addiction counseling and clinical supervision to professionals in the field. Haner is a person in long-term recovery (35+ years) from addiction and is committed to eliminating health disparities by participating in processes the build equity. Currently he serves on the Peer-Led Advisory Board of the National Addiction Peer Recovery Center of Excellence. Dr. Hernandez was appointed to SAMHSA Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS) steering committee in 2014 and the Criminal Justice Policy Committee in 2018. He has served a consultant to several federally-funded initiatives in the areas of behavioral workforce development, HIV/AIDS, Substance Use Disorders prevention and treatment, military service members, their families and TBI and PTSD, and pediatric asthma. Dr. Hernández serves as faculty at the New England School of Addiction Studies since 1998, has taught a number of undergraduate and graduate courses, and has presented at several national and state conferences. Dr. Hernández serves as President of the Board of Directors of the Massachusetts Board for Voluntary Certification of Drug and Alcohol Counselors, was appointed to the Springfield Public Health Council in 2006, and served on the Massachusetts Governor's Latin American Advisory Commission in Massachusetts from 2000-2004. Haner earned his GED in prison, a Bachelor of Science in Human Services from Springfield College and a Master of Education with concentrations in Counseling Psychology and Addiction Studies from Cambridge College in Massachusetts. His doctoral degree was earned at the School of Public Health and Health Sciences at the University of Massachusetts, Amherst. His major was Community Health Education and his minor was Social Justice Education. In addition, Mr. Hernandez holds an advance Certification in Drug and Alcohol Counseling at the reciprocal level, is licensed in Massachusetts, and is a Certified Prevention Specialist.

SAMIA HUSSEIN, M.P.H., currently serves as a Trainer at the Office of Multicultural Health Equity with the Office of the Commissioner. She received her Master's in Public Health from the University of Connecticut and her Undergraduate degree from Central CT State University. She has experience developing training curriculum and facilitating workshops in various settings and has worked with diverse populations.

BOB JOPE, LMHC, Bob has been a member of the Motivational Interviewing Network of Trainers since 2010. He teaches Motivational Interviewing (MI) as an adjunct faculty member at Salve Regina University, Rhode Island College, and University of Massachusetts; he is also a consultant with the Addiction Technology Transfer Center at Brown University and works as an MI coder for a nationally-recognized coding lab. Bob is the lead trainer for Jope Consulting Services, has taught MI at agencies all over New England, and consults internationally on teaching and coding the method. Holding a Master's degree in Clinical Psychology, Bob has worked in the mental health, child welfare, and substance abuse fields for the past twenty-five years. He was originally trained in MI by Stephen Andrew in 2007, and has since trained with Ali Hall, Alan Lyme, Bill Miller, and Terri Moyers. Bob has also developed and taught program-specific MI training applications, and has trained thousands of people in various levels of Motivational Interviewing.

JANICE KATILIUS, LCSW, is a Behavioral Health Clinical Supervisor for the State of Connecticut Department of Mental Health and Addiction Services for the past 18 months. She previously worked for the State of Connecticut Department of Children and Families at the Albert J. Solnit Children's Center (formerly Riverview/ Altobello Hospitals) since 1989, as a Clinical Social Worker and Clinical Supervisor both within the adolescent inpatient and adolescent Psychiatric Residential Treatment Programs. She has over 30 years' experience working with individuals, both adolescents and adults with complex mental health disorders. Mrs. Katilius has been certified as a group facilitator since 2015 of Love 146- Not A Number, a Child Trafficking and Exploitation Prevention Curriculum. She has led groups to teach adolescent females to protect themselves from human trafficking and exploitation. She has recently been certified as a trainer for Introduction of Child Trafficking in Connecticut. Mrs. Katilius obtained her BA in Psychology and Social & Rehabilitative Services from Assumption College and MSW from University of Connecticut. She is licensed as a LCSW in the states of Connecticut and Florida.

MARGARET O'HAGAN-LYNCH, M.S., L.P.C., is the Director of the Connecticut Department of Mental Health and Addiction Services Office of Workforce Development. She maintains a private practice in Wallingford, CT and is an adjunct faculty member of Bay Path University, the New England Institute of Addiction Studies and the Addiction Technology Transfer Center at Brown University. She has worked in the behavioral health field for over 35 years and is known for her expertise in working with people who have co-occurring substance use and mental health disorders. She has vast experience in both the public and private non-profit sectors in program design/implementation, staff development, training/consultation, and community networking while remaining active in addressing treatment needs on both a local and statewide level.

MARY-K O'SULLIVAN, LMFT, LADC, LPC, has been working as a Clinical Manager and Clinical Trainer for over 30 years. She has worked in both the private and public sectors in the fields of criminal justice, substance use disorders, co-occurring disorders and clinical supervision in both inpatient and outpatient programs. She has worked as a trainer for the Department of Corrections, the Judicial Department, the Department of Children and Families, the Department of Social Services, UCONN Medical School, the Department of Education, and the Department of Mental Health and Addiction Services in the State of Connecticut as well as working as a Clinical Preceptor for the SARP program at the Groton Naval Submarine Base. She has trained both Nationally and Internationally including spending 10 years training with David Powell, PhD. and spending time in Singapore assisting their treatment system leaders in developing skills in co-occurring disorders treatment. She currently provides training and/or clinical supervision and oversight to Private Non-profits, DOC staff, DCF staff, DOL staff, CSSD staff including adult and juvenile probation officers, parole officers, juvenile residential services staff, bail staff, women's and family matters staff, clinicians, case managers, and medical staff.

DONALD SCHERLING, Psy.D., L.A.D.C., is a Senior Clinical Consultant, Health Educator, Behavioral Health Wellness Coach, assistant in the Care for Caregivers Yoga program, & a Clinical Faculty member in the Department of Psychiatry & Behavioral Sciences at Berkshire Medical Center in Pittsfield, MA. Dr. Scherling is a certified trainer for the Question, Persuade, Refer (QPR Institute), the Suicide Prevention Resource Center (SPRC), and a Senior Clinical Consultant and Trainer with the Connecticut Dept. of Mental Health & Addiction Services, the CT Women's Consortium and other regional and state-wide agencies in the Northeast.

RAYMOND TAFRATE, Ph.D., is an associate professor and clinical psychologist at Central Connecticut State University, as well as a fellow and supervisor at the Albert Ellis Institute for Behavior Therapy. He is also an author, consultant and trainer.

DAVID TOLIN, Ph.D., Dr. Tolin is the Founder and Director of the Anxiety Disorders Center at the Institute of Living, and an Adjunct Professor of Psychiatry at Yale University School of Medicine. He is the Past-President of the Association for Behavioral and Cognitive Therapies, the Past-President of the Clinical Psychology Division of the American Psychological Association, and a principal investigator for the National Institutes of Health. He received the Award for Lifetime Contribution to Psychology from the Connecticut Psychological Association. Dr. Tolin is the author of over 200 scientific journal articles, as well as several books including *Doing CBT: A Comprehensive Guide to Working with Behaviors, Thoughts, and Emotions* and *Buried in Treasures: Help for Compulsive Acquiring, Saving, and Hoarding*. Dr. Tolin has been featured on the reality TV series *Hoarders* and *The OCD Project*, and has been a recurrent guest on *The Oprah Winfrey Show* and *The Dr. Oz Show*.

AVIVA VINCENT, Ph.D., L.M.S.W., V.S.M., earned her doctoral degree from Case Western Reserve University, Veterinary Social Work Certificate from the University of Tennessee, a fellowship with Animals in Society, and trained at The Institute for Interdisciplinary Salivary Bioscience Research, "spit camp". She is an instructor in the Veterinary Social Work and Veterinary Human Support Certificate Program at the University of Tennessee, Knoxville. Her research interest includes exploring the physiological impact of the human-animal bond; specifically, the potential animal support to reduce fear and anxiety in stressful situations. She is co-founder and owner of Healing Paws LLC, the only VSW practice in Northeast Ohio. Dr. Vincent is on the advisory board of the Center for Human Animal Education Research and Education at Ohio State University, board of directors for the International Association of Veterinary Social Workers, and is founder of the human-animal interactions workgroup with the National Association of Social Workers-Ohio chapter. Dr. Vincent is a contributor to the forthcoming volume *The Comprehensive Guide to Interdisciplinary Veterinary Social Work, and Career Paths in Human-Animal Interaction for Social and Behavioral Scientists*.

ELSA WARD, MS, CAC, is the Director of Recovery and Community Affairs, for Connecticut's Department of Mental Health and Addiction Services (DMHAS). She represents DMHAS in national organizations and events as well as helping to ensure meaningful contact, input, and dialogue with diverse representatives of the recovery community throughout Connecticut. Prior to coming to DMHAS, Ms. Ward held a variety of roles over the past 22 years in the private non-profit world, primarily focused on helping those with co-occurring disorders. This has included more traditional settings such as residential, intensive outpatient and detox, then branching out into homeless outreach and engagement programs, supportive housing, peer recovery support and then designing and implementing a paid work apprenticeship program for people with barriers preventing them from competitive employment. Ms. Ward has an Associate degree in Drug and Alcohol Counseling and is a Certified Addictions Counselor (CAC) and Bachelor and Master Degrees in Human Services. Ms. Ward brings with her the very essence of empowering people with MH/SUD/COD towards change.

BRENDA WESTBERRY is the President and founder of Westberry Consulting where she has been involved in developing and conducting workshops, trainings, staff development programs and courses for non-profit and for-profit agencies throughout the country. Brenda has lent her experience to organizations in the field of Criminal Justice, Addiction Services, Human Services, Behavioral Health and Business and Staff Development. Brenda is a retired Chief Adult Probation Officer for the State of Connecticut Judicial Branch. She has served over 35 years in the field of Criminal Justice working with addiction treatment agencies and key community organizations while servicing diverse criminal justice populations. Brenda served as the Coordinator and Lead Trainer for the Court Support Services Division encompassing both adult and juvenile staff and administration. During her career with the Connecticut Judicial Branch, Brenda was involved with numerous projects specializing in the implementation of evidenced based practices conducted by the National Institute of Corrections, JSAT (Justice System Assessment & Training) and Yale University division of Psychiatry. Brenda has also been a lead trainer in Motivational Interviewing Coaching, Feedback and Coding. Brenda is an adjunct professor in the Sociology, Anthropology, Criminology and Social Work Department at Eastern Connecticut State University. She is also a trainer and consultant for the New England Alcohol Technology Transfer Center at Brown University (ATTC-NE), Adcare -New England School of Addiction Studies and the Advanced School of Best Practices. Brenda is a consultant and trainer through Adcare for the Black Addiction Counselor Education program. Brenda holds a Master's Degree in Sociology and a Bachelor of Science Degree in Justice and Law Administration.

LISA WIBORG, L.I.S.W.-S, V.S.W., completed her graduate degree in Social Work at The Ohio State University and her post-graduate certification in veterinary social work from the University of Tennessee. She has worked in direct clinical settings such as hospital social work, hospice care, and private adoption. Lisa is currently implementing her expertise on the human-animal bond in her current work in hospice. She has also developed a private practice, Healing Paws LLC which focuses on providing social work support into veterinary clinics in Northeast Ohio. Together with her Clinical Scholars Team, she will be implementing an evidenced based program to reduce compassion fatigue and burnout in veterinary medicine and promote the utilization of mental health services in the field. Lisa is currently the lead medical social worker for her hospice agency and continues to focus on education and support in the veterinary social work field with Healing Paws, LLC.

LISA ZUROLO, LCSW, is a Behavioral Health Clinical Supervisor for the State of Connecticut, Department of Mental Health and Addiction Services. She has over 30 years of experience working with individuals from adolescence through later adulthood who have mental health or co-occurring disorders. Mrs. Zurolo has worked in a variety of settings in both the private and public sector including community hospital inpatient and outpatient programs, crisis service, state-operated local mental health authority outpatient program, as well as a state psychiatric hospital. For the past 23 years, Mrs. Zurolo has worked in managerial and supervisory capacities within the State of Connecticut Department of Mental Health and Addiction Services and has provided oversight of different state programs within the Office of Commissioner Young Adult Services Program, Connecticut Valley Hospital General Psychiatric Division, and most recently, with the Office of Commissioner Evidenced-Based Practices and Grants Division. She has also facilitated and co-facilitated numerous trainings on a variety of topics including specific diagnoses/treatment modalities, Risking Connection Trauma Curriculum, Sequential Intercept Model/Mapping, and is a Certified Trainer in Introduction to Human Trafficking. Mrs. Zurolo obtained her B.A. in Psychology from Fairfield University, M.A. in Community Psychology from the University of New Haven and M.S.W. from Fordham University. She is a Licensed Clinical Social Worker in the State of Connecticut.